

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lyndel Claassen

Has successfully participated & completed the

7km Women Rock - Trail Run presented by Navworld

held at Ingaadi Spa.

**TIME** 01:00:30

**PACE** 08:37/km

OVERALL 47 of 204

**GENDER** 34 of 161

**OPEN** 24 of 96

28 August 2016, Sun

Date



BoutTime